



Conversations

with the Chairman

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▷ PARENTS STAYING INVOLVED LONGER

That's according to a survey published by College Parents of America, a national membership association serving current and future college parents. The survey results confirm that Parents are increasingly taking an active interest in the college selection process, as well as continuing their active involvement in the lives of their children, after they are enrolled. The "National Survey on College Parent Preparation and Expectations" reveals that 40.8% of parents communicate with their kids at least "two or three times a week." What were the biggest concerns parents had about college life? Finances topped the list, followed closely by academics.



- ▶ PARENT'S SURVEY SUMMARY: <http://www.lambda-upsilon.org/r/parentssurvey.htm>
- ▶ COLLEGE PARENTS OF AMERICA: <http://www.collegeparents.org/>

▷ SPEAKING OF PARENTS...HAVE YOU HEARD THE NEWS?

Under the leadership of Frater Randy Ray (ΛΥ 474), we've established a Parents Association for Lambda-Upsilon. TKE is currently the only fraternity on campus operating a Parents Association – and one of only a few TKE chapters that have been successful with the effort. The Parents Association held its first "Work Weekend" at the chapter house over the weekend of April 8th and 9th, providing the funding and parent-power for a number of house improvements, including new tile flooring in both kitchens, both bathrooms, and in the laundry room, and a fresh new coat of paint in both bathrooms. Frater Randy, who is also the father of our collegiate chapter Prytanis, Frater Cody Ray (ΛΥ 465), says that there are a number of other projects planned for the near future. Keeping a watchful eye on both members of the Ray "fraternal duo" is Teri Ray, the matriarch of the Ray clan ... and another driving force behind the success of the Parents Association. Want to find out more about this exciting new addition to our Lambda-Upsilon family? You'll find them all set-up in a brand new section of our Lambda-Upsilon Web site (see the URL information below). We're expecting a variety of exciting new projects from these hard-working moms and dads. Welcome to the Lambda-Upsilon team!

- ▶ TKE LAMBDA-UPSILON PARENTS ASSOCIATION: <http://parents.lambda-upsilon.org>

▷ LACK OF SLEEP + ALCOHOL = DUMB?

"Youthful energy" may be a myth for most of America's 18-29 year olds, according to a newly released poll by the National Sleep Foundation (NSF). More than half of the country's young adults report "waking up feeling unrefreshed" (55%), and the percentage of young adults suffering from significant daytime sleepiness (33%) is comparable to that of shift workers (29%), a notoriously sleepy group who try to remain alert at times when their brains are naturally inclined to sleep. The NSF poll found that one out of two (53%) younger adults say that they will sleep less in order to get more done, and an almost equal percentage (55%) admit to postponing bedtime to watch TV or use the Internet. More than one-third (36%) of 18-29 year olds report difficulty getting up in the morning (compared with 20% of 30-64 year-olds and 9% of those 65 and older). Sleep deprivation is becoming a major issue in the lives of contemporary collegians. Doctors suggest that 7-9 hours per night is required for adolescents to function adequately. Studies show that many collegians get six or less. Add to this how elevated blood alcohol levels can negatively impact REM sleep - and the end result is a significant cognitive impairment for many of our students due to poor sleeping habits.

- ▶ NATIONAL SLEEP FOUNDATION: <http://www.sleepfoundation.org>

▷ THIRD ANNUAL TOURISTA TOUR A WINNER

Our Alumni Association recorded another successful Tourista Tour Golf Tournament on Saturday, May 13, at the Country Club of Gwinnett. The tournament has experienced growth in participation *and* fundraising totals each year since the inaugural event in 2003. Proceeds generated from the Tourista Tour benefit the Ronald & Nancy Reagan Research Institute of the Alzheimer's Association and the Lambda-Upsilon Scholarship Fund. The tournament is named in honor of Frater Edward "Chip" Sary, who was affectionately known to his fellow Fraters as "Tourist." Congrats to the Alumni Association for another successful tournament!

- ▶ EVENT PHOTOS: <http://www.lambda-upsilon.org/chapter/photos.htm>



Saturday, May 13, 2006
Country Club of Gwinnett

▷ **BOARD OF ADVISORS EXPANDS FINANCIAL ASSISTANCE PROGRAMS**

During the last academic year, Lambda-Upsilon provided scholarships or academic incentive grants to more than 60% of the collegiate membership. That's more direct financial assistance than any other fraternity at Georgia Southern. It's a good start, but to remain competitive in the future, we'll need to focus on continually expanding the financial resources we can provide for our members who excel academically. Let's face it; a \$250 scholarship isn't what it used to be. Here's a review of what we're doing now:

▶ **LENWOOD COCHRAN SCHOLARSHIPS — *Two annual scholarship awards of \$600 each***

Awarded *twice* each academic year to the collegiate member earning the highest grade point average during the fall or spring semester. The award is named in honor of Past Grand Prytanis, Frater Lenwood Cochran, who played an instrumental role in supporting the founding of Lambda-Upsilon Chapter in 1967. Frater Cochran is an initiate of our Gamma-Mu Chapter at Furman University and has been an active member of the Fraternity for over fifty years.

▶ **BUDDY CLAY SCHOLARSHIP — *One annual scholarship award of \$250***

Awarded each spring to the collegiate member earning the highest cumulative grade point average during the most previous two academic semesters. The scholarship accompanies the "Top Scholar" award that the collegiate chapter has traditionally presented during the Red Carnation Awards Banquet each spring. The award is named after Frater Buddy Clay, Lambda-Upsilon's second initiate, the first Prytanis of the newly chartered Lambda-Upsilon Chapter in 1968, a member of the Board of Advisors, and the current Chapter Advisor.

▶ **CLARENCE BUTLER SCHOLARSHIP — *One annual scholarship award of \$450***

Also referred to as "The Butler Award," this annual recognition represents the highest honor that can be bestowed upon a collegiate member of the chapter by the alumni leadership of Lambda-Upsilon. Presented in January by the Board of Advisors, the award pays tribute to the contributions of an individual collegiate member, who through his fraternal contributions, leadership, behavior and/or actions, whether knowingly or unknowingly, has performed in a manner consistent with, and in support of, the long-term stability and success of the Lambda-Upsilon Chapter of Tau Kappa Epsilon Fraternity at Georgia Southern University. The Butler Scholarship Fund was permanently endowed in 2005, due to the generous support of chapter alumni. Management of the endowment fund is provided by the TKE Educational Foundation, Inc. The recognition is named in honor of Frater Clarence "Cege" Butler, the first initiate of Lambda-Upsilon and a past-president of the Lambda-Upsilon Alumni Association.

▶ **ACADEMIC HONOR ROLL — *10% discount on chapter dues for qualified members***

As part of a broader Academic Policy designed to increase the chapter's overall grade point average, Lambda-Upsilon now provides for a 10% reduction in membership dues for collegiate members who qualify under a new academic standard, introduced by the Board of Advisors in 2005. Members who meet the standard are also named to the chapter "Academic Honor Roll" and are publicly recognized for their achievement.

▷ **LOCK IN STUDENT LOAN RATES NOW!**

The Federal Student Loan Program, as we have known it, **comes to an end on June 30, 2006**. It will be replaced with a new program that has **significantly higher rates** and will impact students and parents taking out loans this for this upcoming academic year. For students who have been in college, or are about to finish college, you need to do what's called an "in-school consolidation." That's means you'll need to forfeit your six-month grace period so you can lock in your rates RIGHT NOW. Don't wait until June 30 because everyone will be trying to do it around that time – and this is the last time you'll be able to lock in at a decent rate. The new rates are going to be much higher. For parents taking out loans, the rate will be 8.5 percent. For students, it will be 6.8 percent. However, if you lock your rates before the deadline, you'll pay between 4 and 6 percent. Normally, students don't think about doing anything for six months after they graduate because of the grace period for beginning repayment. Choosing to ignore this change in the program, however, could have long-term financial implications for borrowers.

▶ **MORE INFO ON CONSOLIDATION: <http://www.dl.ed.gov/>**



Conversations with the Chairman is published periodically by the Board of Advisors of the Lambda-Upsilon Chapter of Tau Kappa Epsilon at Georgia Southern University in Statesboro, Georgia. The newsletter is edited by Frater Frank Sanders (AY 214), who has served as chairman of the Chapter Corporation and Board of Advisors since 1997.